

Norms of structured random matrices

Marta Strzelecka

(based on joint work with R. Adamczak, J. Prochno,
and M. Strzelecki)

University of Warsaw

Conference in Honour of Sergey Bobkov

May 29, 2023

Given:

- ▶ $1 \leq p, q \leq \infty$;
- ▶ a deterministic real $m \times n$ matrix $A = (a_{ij})_{i \leq m, j \leq n}$;
- ▶ a random Gaussian $m \times n$ matrix $G = (g_{ij})_{i \leq m, j \leq n}$.

We denote by

$$G_A := A \circ G = (a_{ij}g_{ij})_{i \leq m, j \leq n}$$

the structured Gaussian matrix.

Given:

- ▶ $1 \leq p, q \leq \infty$;
- ▶ a deterministic real $m \times n$ matrix $A = (a_{ij})_{i \leq m, j \leq n}$;
- ▶ a random Gaussian $m \times n$ matrix $G = (g_{ij})_{i \leq m, j \leq n}$.

We denote by

$$G_A := A \circ G = (a_{ij}g_{ij})_{i \leq m, j \leq n}$$

the structured Gaussian matrix.

Aim:

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} ?$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\begin{aligned}\mathbb{E} \|G_A: \ell_2^n \rightarrow \ell_2^m\| &\asymp \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_2 + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_2 \\ &\asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \max_{i,j} |a_{ij}^*| \sqrt{\log(i+1)},\end{aligned}$$

where (a_{ij}^*) is obtained by permuting the rows of A so that $\max_j |a_{1j}^*| \geq \dots \geq \max_j |a_{nj}^*|$.

Theorem (Latała-van Handel-Youssef, 2018)

$$\begin{aligned}\mathbb{E} \|G_A: \ell_2^n \rightarrow \ell_2^m\| &\asymp \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_2 + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_2 \\ &\asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \max_{i,j} |a_{ij}^*| \sqrt{\log(i+1)} \\ &\asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij}g_{ij}|,\end{aligned}$$

where (a_{ij}^*) is obtained by permuting the rows of A so that $\max_j |a_{1j}^*| \geq \dots \geq \max_j |a_{nj}^*|$.

Theorem (Latała-van Handel-Youssef, 2018)

$$\begin{aligned}\mathbb{E} \|G_A: \ell_2^n \rightarrow \ell_2^m\| &\asymp \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_2 + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_2 \\ &\asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \max_{i,j} |a_{ij}^*| \sqrt{\log(i+1)} \\ &\asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij}g_{ij}|,\end{aligned}$$

where (a_{ij}^*) is obtained by permuting the rows of A so that $\max_j |a_{1j}^*| \geq \dots \geq \max_j |a_{nj}^*|$.

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q,$$

where p^* is Hölder's dual of p , i.e., $\frac{1}{p} + \frac{1}{p^*} = 1$?

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|.$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \max_i \|(a_{ij})_j\|_{p^*} \right. \\ &\quad \left. + \max_j \|(a_{ij})_i\|_q + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij} g_{ij}| \right]. \end{aligned}$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \max_i \|(a_{ij})_j\|_{p^*} \right. \\ &\quad \left. + \max_j \|(a_{ij})_i\|_q + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij} g_{ij}| \right]. \end{aligned}$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij}g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \max_i \|(a_{ij})_j\|_{p^*} \right. \\ &\quad \left. + \max_j \|(a_{ij})_i\|_q + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij}g_{ij}| \right]. \end{aligned}$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij}g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \max_i \|(a_{ij})_j\|_{p^*} \right. \\ &\quad \left. + \max_j \|(a_{ij})_i\|_q + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij}g_{ij}| \right]. \end{aligned}$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} \right. \\ &\quad \left. + \max_j \|(a_{ij})_i\|_q + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij} g_{ij}| \right]. \end{aligned}$$

Theorem (Latała-van Handel-Youssef, 2018)

$$\mathbb{E}\|G_A: \ell_2^n \rightarrow \ell_2^m\| \asymp \max_i \|(a_{ij})_j\|_2 + \max_j \|(a_{ij})_i\|_2 + \mathbb{E} \max_{i,j} |a_{ij}g_{ij}|.$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} \right. \\ &+ \left. \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n\|^{1/2} + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij}g_{ij}| \right]. \end{aligned}$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} \right. \\ &+ \left. \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n \|^{1/2} + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij} g_{ij}| \right]. \end{aligned}$$

Second guess: Is it true, that for every $1 \leq p, q \leq \infty$ we have

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \\ &\|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} + \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n \|^{1/2} \\ &+ \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|? \end{aligned}$$

Theorem (Guédon-Hinrichs-Litvak-Prochno, 2017)

Assume that $1 \leq p \leq 2 \leq q \leq \infty$

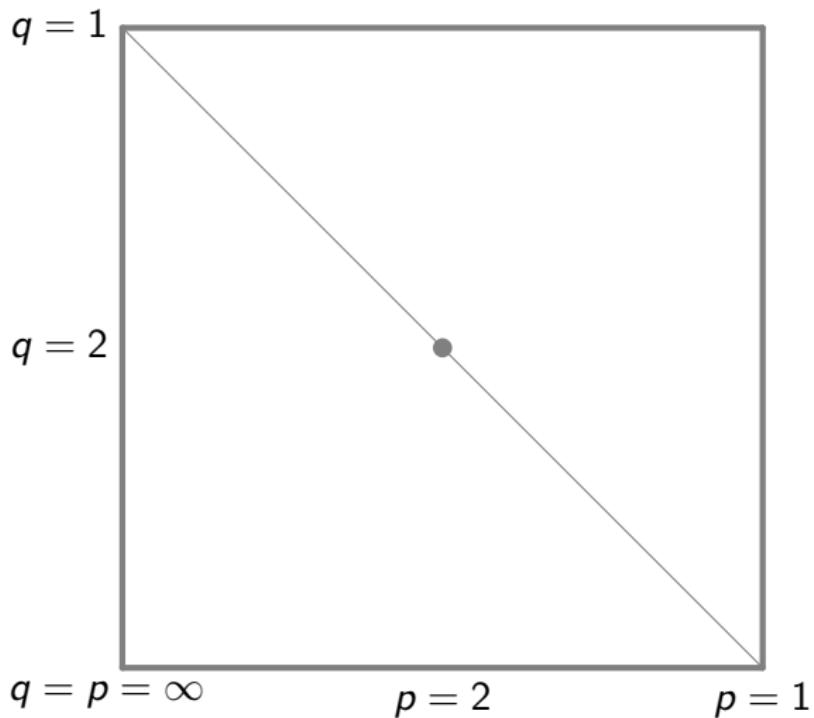
$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{p,q} \left[(\log m)^{1/q} \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} \right. \\ &+ \left. \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n \|^{1/2} + (\log m)^{1/q} \mathbb{E} \max_{i,j} |a_{ij} g_{ij}| \right]. \end{aligned}$$

Second guess: Is it true, that for every $1 \leq p, q \leq \infty$ we have

$$\begin{aligned} \mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \\ &\|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} + \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n \|^{1/2} \\ &+ \mathbb{E} \max_{i,j} |a_{ij} g_{ij}|? \end{aligned}$$

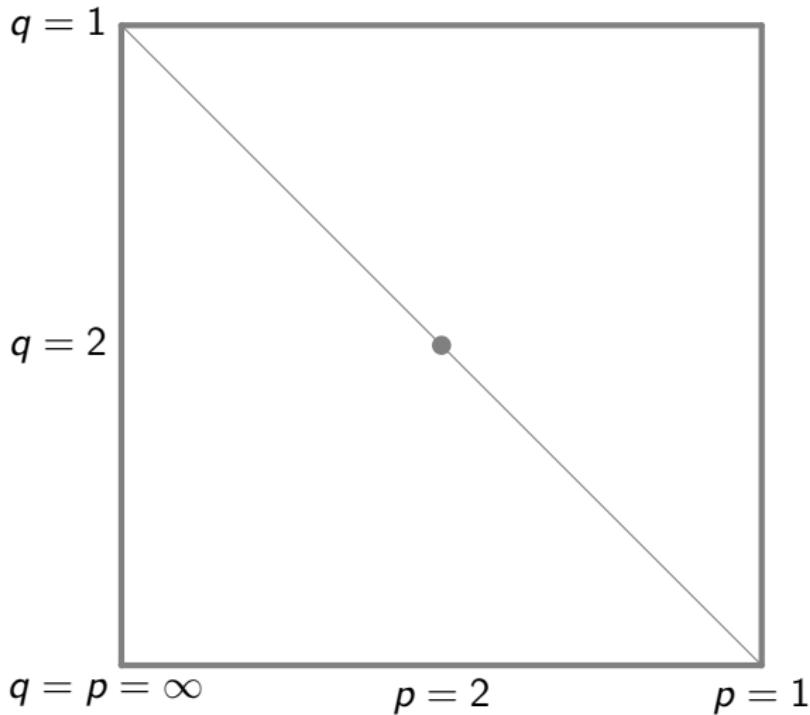
$$D_1 := \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2}, \quad D_2 := \| (A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n \|^{1/2}.$$

$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



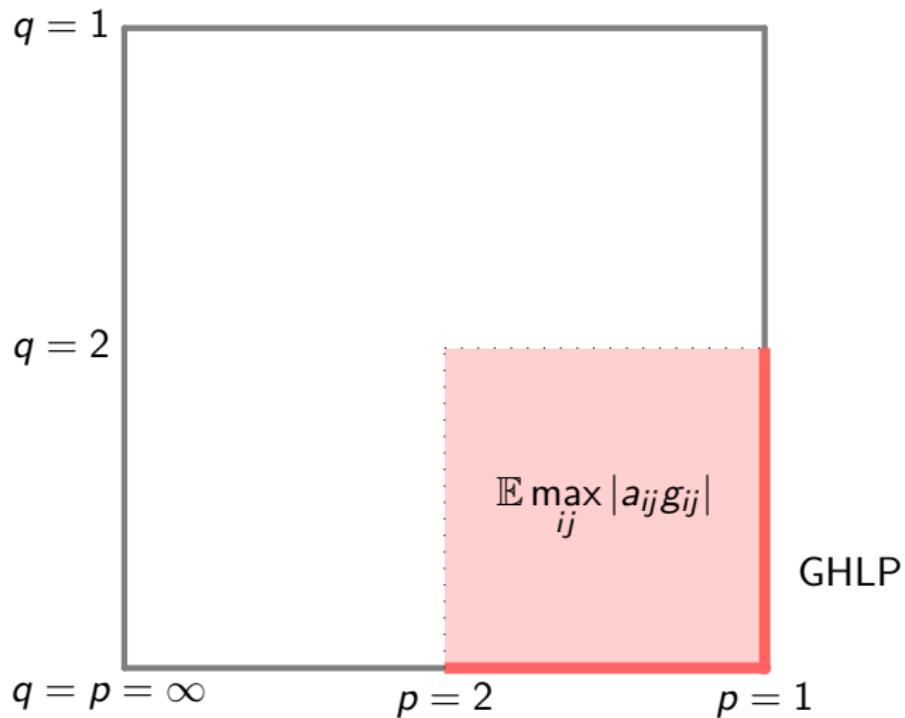
$$\|G_A: \ell_p^n \rightarrow \ell_q^m\| = \|(G_A)^T: \ell_{q^*}^m \rightarrow \ell_{p^*}^n\| = \|(G^T)_{A^T}: \ell_{q^*}^m \rightarrow \ell_{p^*}^n\|$$

$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$

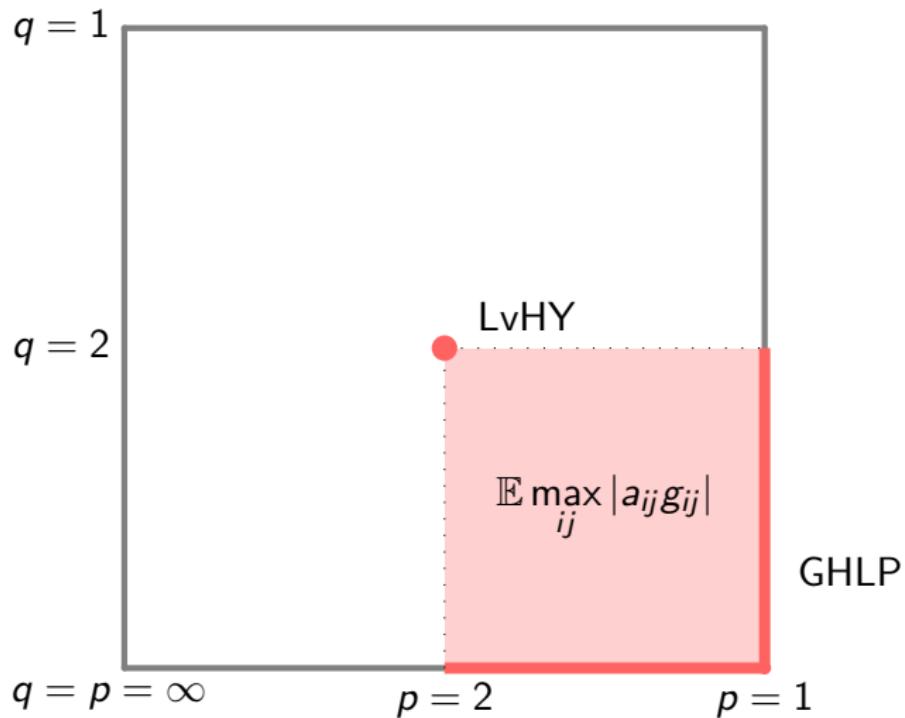


Duality: $(p, q) \longleftrightarrow (q^*, p^*)$.

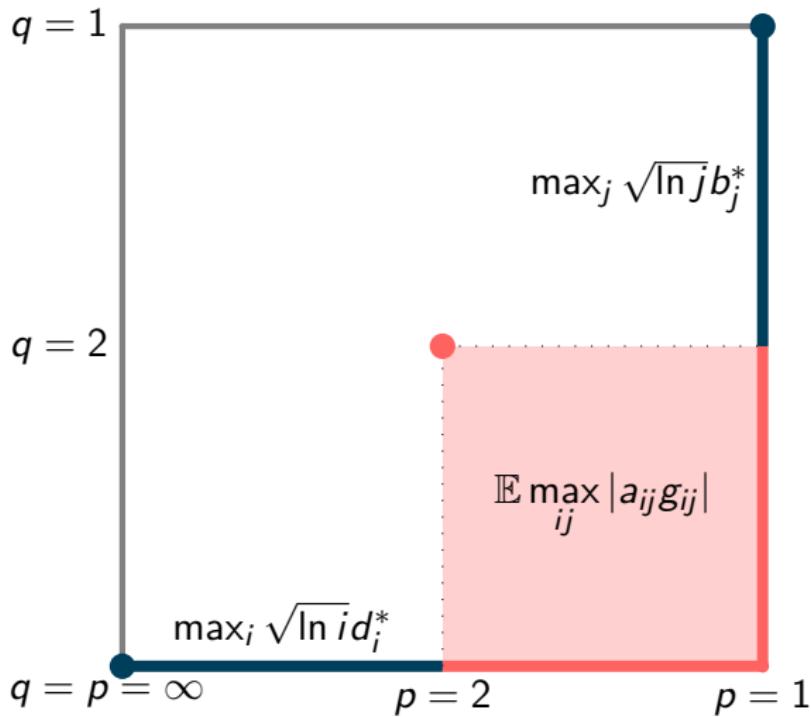
$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$

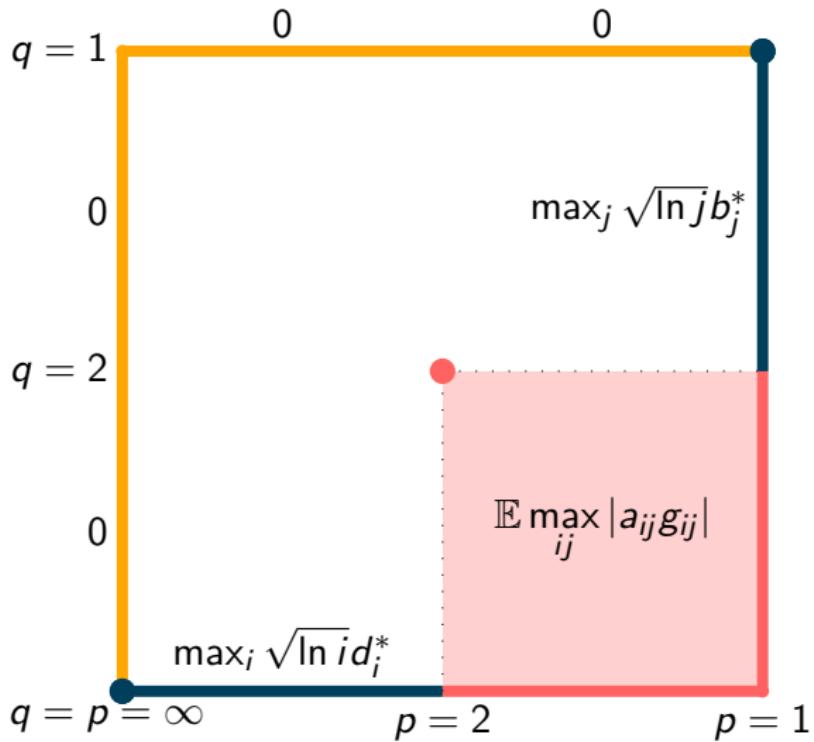


$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



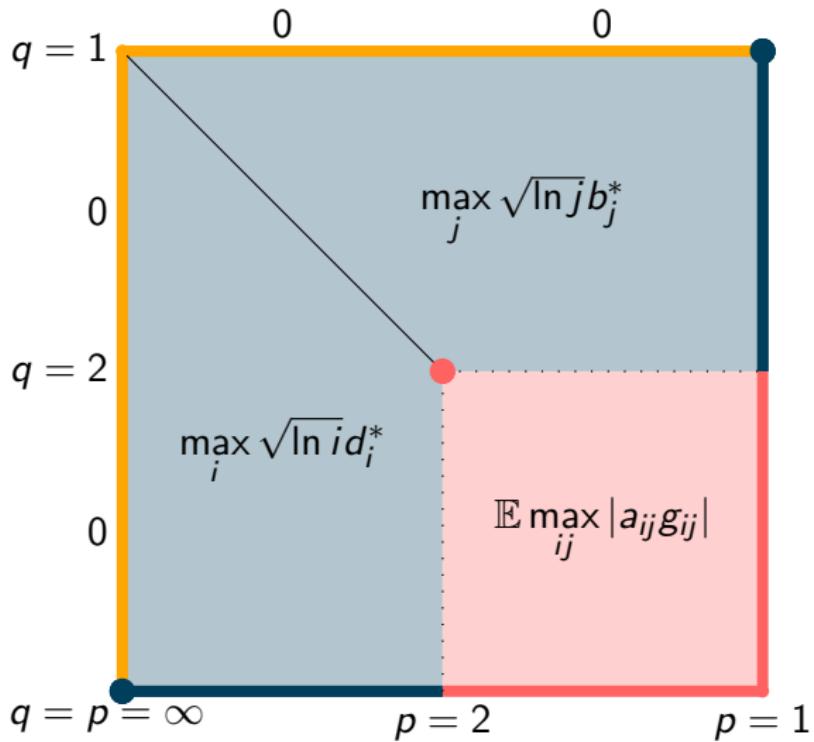
$$b_j := \|(a_{ij})_{i \leq m}\|_{2q/(2-q)}, \quad d_i := \|(a_{ij})_{j \leq n}\|_{2p/(p-2)}, \quad (b_j^*)_j, (d_i^*)_i \downarrow$$

$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



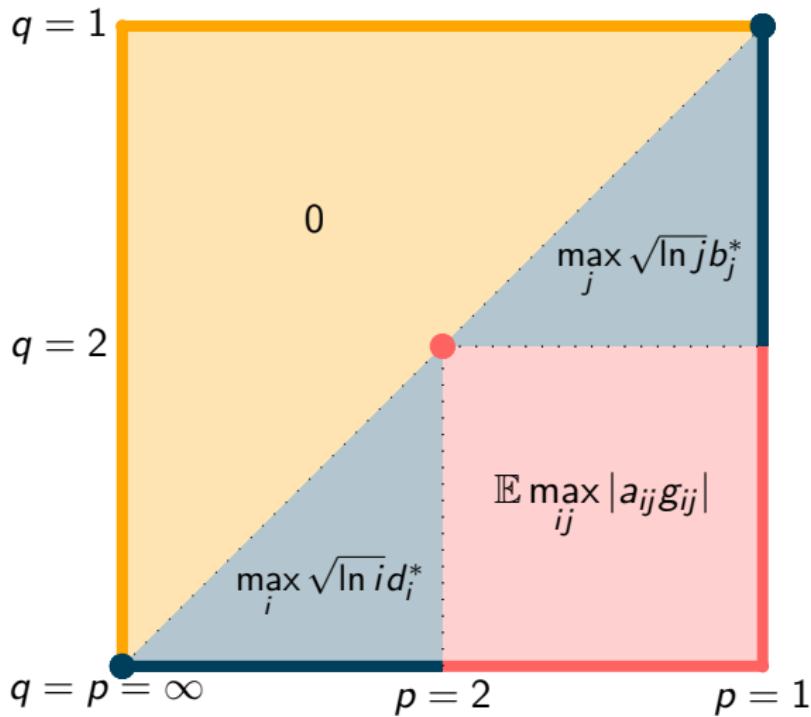
$$b_j := \|(a_{ij})_{i \leq m}\|_{2q/(2-q)}, \quad d_i := \|(a_{ij})_{j \leq n}\|_{2p/(p-2)}, \quad (b_j^*)_j, (d_i^*)_i \downarrow$$

$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



$$b_j := \|(a_{ij})_{i \leq m}\|_{2q/(2-q)}, \quad d_i := \|(a_{ij})_{j \leq n}\|_{2p/(p-2)}, \quad (b_j^*)_j, (d_i^*)_i \downarrow$$

$$\mathbb{E}\|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} D_1 + D_2 + \dots$$



$$b_j := \|(a_{ij})_{i \leq m}\|_{2q/(2-q)}, \quad d_i := \|(a_{ij})_{j \leq n}\|_{2p/(p-2)}, \quad (b_j^*)_j, (d_i^*)_i \downarrow$$

Conjecture (APSS, 2021)

For all $1 \leq p, q \leq \infty$, we conjecture that

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q}$$

$$D_1 + D_2 + \begin{cases} \mathbb{E} \max_{i \leq m, j \leq n} |a_{ij} g_{ij}| & \text{if } p \leq 2 \leq q, \\ \max_{j \leq n} \sqrt{\ln(j+1)} b_j^* & \text{if } p \leq q \leq 2, \\ \max_{i \leq m} \sqrt{\ln(i+1)} d_i^* & \text{if } 2 \leq p \leq q, \\ 0 & \text{if } q < p. \end{cases}$$

$$D_1 = \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2},$$

$$D_2 = \|(A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n\|^{1/2},$$

$$b_j := \|(a_{ij})_{i \leq m}\|_{2q/(2-q)}, \quad d_i := \|(a_{ij})_{j \leq n}\|_{2p/(p-2)}.$$

and $(x_k^*)_k$ is the non-increasing rearrangement of $(|x_k|)_k$.

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q?$$

Why is this not true?

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q?$$

Why is this not true?

Example in the case $q < p$

$m = n, A = \text{Id}$.



First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q?$$

Why is this not true?

Example in the case $q < p$

$m = n, A = \text{Id}$.



Then

$$\mathbb{E} \max_j \|(G_A)_i\|_q + \mathbb{E} \max_i \|(G_A)_j\|_{p^*} = 2\mathbb{E} \max_j |g_{jj}| \approx \sqrt{\ln n}.$$

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q?$$

Why is this not true?

Example in the case $q < p$

$m = n, A = \text{Id}$.



Then

$$\mathbb{E} \max_j \|(G_A)_i\|_q + \mathbb{E} \max_i \|(G_A)_j\|_{p^*} = 2\mathbb{E} \max_j |g_{jj}| \approx \sqrt{\ln n}.$$

On the other hand,

$$\begin{aligned} D_1 &= \|\text{Id}: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} = \sup_{x \in \ell_{p/2}} \left(\sum_i |x_i|^{q/2} \right)^{1/q} \\ &= \left(\sup_{y \in \ell_{p/q}} \sum_i |y_i| \right)^{1/q} = (n^{1/(p/q)^*})^{1/q} \gg \sqrt{\ln n}. \end{aligned}$$

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q ?$$

Why is this not true??

Example for $2 < p \leq q$



First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q ?$$

Why is this not true??

Example for $2 < p \leq q$



$p \leq q < 2$ is the dual case

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q ?$$

Why is this not true??

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$.



First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\begin{aligned}\mathbb{E} \|G_A : \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q \\ &\asymp_{p,q} \max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q + D_3\end{aligned}$$

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$.



First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\begin{aligned}\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q \\ &\asymp_{p,q} \max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q + D_3\end{aligned}$$

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$. Then



$$\begin{aligned}D_1 &= \|(1)_{ij}: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} = \sup_{x \in \ell_{p/2}} \left(\sum_i \left| \sum_j x_j \right|^{q/2} \right)^{1/q} \\ &= m^{1/q} \sup_{x \in \ell_{p/2}} \sqrt{\left| \sum_j x_j \right|} = m^{1/q} \sqrt{n^{1/(p/2)^*}} = m^{1/q} n^{\frac{1}{2(p/2)^*}}.\end{aligned}$$

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\begin{aligned}\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q \\ &\asymp_{p,q} \max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q + D_3\end{aligned}$$

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$. Then



$$\begin{aligned}D_1 &= \|(1)_{ij}: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} = \sup_{x \in \ell_{p/2}} \left(\sum_i \left| \sum_j x_j \right|^{q/2} \right)^{1/q} \\ &= m^{1/q} \sup_{x \in \ell_{p/2}} \sqrt{\left| \sum_j x_j \right|} = m^{1/q} \sqrt{n^{1/(p/2)^*}} = m^{1/q} n^{\frac{1}{2(p/2)^*}}.\end{aligned}$$

$$\max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q = n^{1/p^*} + m^{1/q}$$

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\begin{aligned}\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q \\ &\asymp_{p,q} \max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q + D_3\end{aligned}$$

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$. Then



$$\begin{aligned}D_1 &= \|(1)_{ij}: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} = \sup_{x \in \ell_{p/2}} \left(\sum_i \left| \sum_j x_j \right|^{q/2} \right)^{1/q} \\ &= m^{1/q} \sup_{x \in \ell_{p/2}} \sqrt{\left| \sum_j x_j \right|} = m^{1/q} \sqrt{n^{1/(p/2)^*}} = m^{1/q} n^{\frac{1}{2(p/2)^*}}.\end{aligned}$$

$$\max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q = n^{1/p^*} + m^{1/q} \sim m^{1/q} \ll D_1.$$

First guess: is it true that for every $1 \leq p, q \leq \infty$,

$$\begin{aligned}\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &\asymp_{p,q} \mathbb{E} \max_i \|(a_{ij}g_{ij})_j\|_{p^*} + \mathbb{E} \max_j \|(a_{ij}g_{ij})_i\|_q \\ &\asymp_{p,q} \max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q + D_3\end{aligned}$$

Example for $2 < p \leq q$

A matrix of all 1's,

$m, n \rightarrow \infty$ satisfy $m^{1/q} \gg n^{1/p^*}$. Then



$$\begin{aligned}D_1 &= \|(1)_{ij}: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2} = \sup_{x \in \ell_{p/2}} \left(\sum_i \left| \sum_j x_j \right|^{q/2} \right)^{1/q} \\ &= m^{1/q} \sup_{x \in \ell_{p/2}} \sqrt{\left| \sum_j x_j \right|} = m^{1/q} \sqrt{n^{1/(p/2)^*}} = m^{1/q} n^{\frac{1}{2(p/2)^*}}.\end{aligned}$$

$$\max_i \|(a_{ij})_j\|_{p^*} + \max_j \|(a_{ij})_i\|_q = n^{1/p^*} + m^{1/q} \sim m^{1/q} \ll D_1.$$

$$D_3 = \max_i \sqrt{\ln i} d_i^* = \sqrt{\ln m} n^{\frac{p-2}{2p}} = \sqrt{\ln m} n^{\frac{1}{2(p/2)^*}} \ll D_1.$$

Theorem (APSS, 2021)

Assume that $1 \leq p, q \leq \infty$. Then,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \lesssim (\ln n)^{1/p^*} (\ln m)^{1/q} \left[\sqrt{\ln(mn)} D_1 + \sqrt{\ln n} D_2 \right].$$

$$D_1 = \|A \circ A: \ell_{p/2}^n \rightarrow \ell_{q/2}^m\|^{1/2},$$

$$D_2 = \|(A \circ A)^T: \ell_{q^*/2}^m \rightarrow \ell_{p^*/2}^n\|^{1/2}.$$

Theorem (APSS, 2021)

Assume that $1 \leq p, q \leq \infty$. Then,

$$\mathbb{E} \|G_A: \ell_p^n \rightarrow \ell_q^m\| \lesssim (\ln n)^{1/p^*} (\ln m)^{1/q} \left[\sqrt{\ln(mn)} D_1 + \sqrt{\ln n} D_2 \right].$$

Corollary

Assume that $K, L > 0$, $r \in (0, 2]$, $1 \leq p, q \leq \infty$, and
 $X = (X_{ij})_{i \leq m, j \leq n}$ has independent mean-zero entries satisfying

$$\mathbb{P}(|X_{ij}| \geq t) \leq K e^{-t^r/L} \quad \text{for all } t \geq 0, i \leq m, j \leq n.$$

Then

$$\begin{aligned} \mathbb{E} \|X_A: \ell_p^n \rightarrow \ell_q^m\| &\lesssim_{r, K, L} (\ln n)^{1/p^*} (\ln m)^{1/q} \ln(mn)^{\frac{1}{r} - \frac{1}{2}} \\ &\quad \left[\sqrt{\ln(mn)} D_1 + \sqrt{\ln n} D_2 \right]. \end{aligned}$$

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : \right.$$
$$\left. J \subset \{1, \dots, n\}, \quad J \neq \emptyset, \quad (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : \right.$$
$$\left. J \subset \{1, \dots, n\}, \quad J \neq \emptyset, \quad (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Proof of the Theorem.

$$\|G_A: \ell_p^n \rightarrow \ell_q^m\|$$

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : J \subset \{1, \dots, n\}, J \neq \emptyset, (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Proof of the Theorem.

$$\|G_A: \ell_p^n \rightarrow \ell_q^m\| = \sup_{x \in B_p^n} \sup_{y \in B_{q^*}^m} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j$$

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : \right.$$
$$\left. J \subset \{1, \dots, n\}, \quad J \neq \emptyset, \quad (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Proof of the Theorem.

$$\begin{aligned} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &= \sup_{x \in B_p^n} \sup_{y \in B_{q^*}^m} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \\ &\leq \ln(en)^{1/p^*} \ln(em)^{1/q} \sup_{x \in \text{Ext } L} \sup_{y \in \text{Ext } K} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \end{aligned}$$

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : J \subset \{1, \dots, n\}, J \neq \emptyset, (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Proof of the Theorem.

$$\begin{aligned} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &= \sup_{x \in B_p^n} \sup_{y \in B_{q^*}^m} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \\ &\leq \ln(en)^{1/p^*} \ln(em)^{1/q} \sup_{x \in \text{Ext } L} \sup_{y \in \text{Ext } K} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \\ &= \log \max_{\substack{k \leq m \\ |I| \leq n}} \frac{1}{k^{1/q^*} |I|^{1/p}} \max_{I \subset [m]} \max_{J \subset [n]} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I} \sum_{j \in J} y_i a_{ij} g_{ij} x_j \end{aligned}$$

Lemma

Assume that $1 \leq p \leq \infty$, $n \in \mathbb{N}$, and define the convex set

$$L := \text{conv} \left\{ \frac{1}{|J|^{1/p}} (\varepsilon_j \mathbf{1}_{\{j \in J\}})_{j=1}^n : J \subset \{1, \dots, n\}, J \neq \emptyset, (\varepsilon_j)_{j=1}^n \in \{-1, 1\}^n \right\}.$$

Then $B_p^n \subset \ln(en)^{1/p^*} L$.

Proof of the Theorem.

$$\begin{aligned} \|G_A: \ell_p^n \rightarrow \ell_q^m\| &= \sup_{x \in B_p^n} \sup_{y \in B_{q^*}^m} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \\ &\leq \ln(en)^{1/p^*} \ln(em)^{1/q} \sup_{x \in \text{Ext } L} \sup_{y \in \text{Ext } K} \sum_{i=1}^m \sum_{j=1}^n y_i a_{ij} g_{ij} x_j \\ &= \log \max_{\substack{k \leq m \\ |I| \leq n}} \frac{1}{k^{1/q^*} |I|^{1/p}} \max_{\substack{I \subset [m] \\ |I|=k}} \max_{\substack{J \subset [n] \\ |J|=l}} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I} \sum_{j \in J} y_i a_{ij} g_{ij} x_j \end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right|$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned} \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j &= \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\ &\leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ &\quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned} \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j &= \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\ &\leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ &\quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned} \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j &= \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\ &\leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ &\quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned} \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j &= \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\ &\leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ &\quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned}
& \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j = \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\
& \leq \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \\
& = \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2 x_j^2} \mathbb{E} |g|
\end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned}
& \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\
& \leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \\
& = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2 \color{blue}{x_j^2} \mathbb{E}|g|} \\
& = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) + \sqrt{\frac{2}{\pi}} \sup_{I, J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2}.
\end{aligned}$$

Let $(\tilde{g}_{ij})_{i \leq m, j \leq n}$ be an independent copy of $(g_{ij})_{i \leq m, j \leq n}$.

$$\begin{aligned}
& \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| \\
& \leq \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \mathbb{E} \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \\
& = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\
& \quad + \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2 x_j^2} \mathbb{E} |g| \\
& = \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) + \sqrt{\frac{2}{\pi}} \sup_{I, J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2}.
\end{aligned}$$

$\left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right)$ are indep. and symmetric, so

$$\begin{aligned} & \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ & \leq 2 \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \left| \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \right| \end{aligned}$$

$(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right|)$ are indep. and symmetric, so

$$\begin{aligned} & \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ & \leq 2 \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \left| \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \right| \end{aligned}$$

Lemma (Contraction principle)

Let $T \subset \mathbb{R}^m$, $\varphi_i : \mathbb{R} \rightarrow \mathbb{R}$ are 1-Lipschitz and $\varphi_i(0) = 0$. Then

$$\mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i \varphi_i(t_i) \leq \mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i t_i.$$

$\left(\left|\sum_{j \in J} a_{ij} g_{ij} x_j\right| - \left|\sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j\right|\right)$ are indep. and symmetric, so

$$\begin{aligned} & \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ & \leq 2 \mathbb{E} \sup_{I, J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \left| \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \right| \end{aligned}$$

Lemma (Contraction principle)

Let $T \subset \mathbb{R}^m$, $\varphi_i : \mathbb{R} \rightarrow \mathbb{R}$ are 1-Lipschitz and $\varphi_i(0) = 0$. Then

$$\mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i \varphi_i(t_i) \leq \mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i t_i.$$

We use it with $\varphi_i(t) = |t|$.

$\left(\left|\sum_{j \in J} a_{ij} g_{ij} x_j\right| - \left|\sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j\right|\right)$ are indep. and symmetric, so

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ & \leq 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \left| \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \right| \\ & \leq 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \end{aligned}$$

Lemma (Contraction principle)

Let $T \subset \mathbb{R}^m$, $\varphi_i : \mathbb{R} \rightarrow \mathbb{R}$ are 1-Lipschitz and $\varphi_i(0) = 0$. Then

$$\mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i \varphi_i(t_i) \leq \mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i t_i.$$

We use it with $\varphi_i(t) = |t|$.

$\left(\left|\sum_{j \in J} a_{ij} g_{ij} x_j\right| - \left|\sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j\right|\right)$ are indep. and symmetric, so

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i \in I} \left(\left| \sum_{j \in J} a_{ij} g_{ij} x_j \right| - \left| \sum_{j \in J} a_{ij} \tilde{g}_{ij} x_j \right| \right) \\ & \leq 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \left| \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} \right| \\ & \leq 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{i=1}^m \varepsilon_i \sum_{j \in J} a_{ij} g_{ij} x_j \mathbf{1}_{\{i \in I\}} = 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j. \end{aligned}$$

Lemma (Contraction principle)

Let $T \subset \mathbb{R}^m$, $\varphi_i : \mathbb{R} \rightarrow \mathbb{R}$ are 1-Lipschitz and $\varphi_i(0) = 0$. Then

$$\mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i \varphi_i(t_i) \leq \mathbb{E} \sup_{t \in T} \sum_{i=1}^m \varepsilon_i t_i.$$

We use it with $\varphi_i(t) = |t|$.

We have just proven that

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j \\ & \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j. \end{aligned}$$

We have just proven that

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j \\ & \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j. \end{aligned}$$

Proceeding similarly we may prove that

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j \\ & \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij}. \end{aligned}$$

We have just proven that

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{i \in I, j \in J} y_i a_{ij} g_{ij} x_j \\ & \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j. \end{aligned}$$

Proceeding similarly we may prove that

$$\begin{aligned} & \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j \\ & \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij}. \end{aligned}$$

We have just proven that

$$\begin{aligned} \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sup_{y \in B_\infty^m} \sum_{j \in J} y_j a_{ij} g_{ij} x_j \\ \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j. \end{aligned}$$

Proceeding similarly we may prove that

$$\begin{aligned} \mathbb{E} \sup_{I,J} \sup_{x \in B_\infty^n} \sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij} x_j \\ \leq \sqrt{\frac{2}{\pi}} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} + 2 \mathbb{E} \sup_{I,J} \underbrace{\sum_{j \in J} \sum_{i \in I} a_{ij} g_{ij}}_{X_{I,J}}. \end{aligned}$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}$$

$$(g_i)_i \sim \mathcal{N}(0, \text{Id}_m), \quad (\tilde{g}_j)_j \sim \mathcal{N}(0, \text{Id}_n), \quad g \perp \tilde{g}.$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}$$

$$(g_i)_i \sim \mathcal{N}(0, \text{Id}_m), \quad (\tilde{g}_j)_j \sim \mathcal{N}(0, \text{Id}_n), \quad g \perp \tilde{g}.$$

$$\mathbb{E} \sup_{I,J} Y_{I,J} \leq \mathbb{E} \max_{i \leq m} |g_i| \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \mathbb{E} \max_{j \leq n} |\tilde{g}_j| \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2}$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}$$

$$\begin{aligned} \mathbb{E} \sup_{I,J} Y_{I,J} &\leq \mathbb{E} \max_{i \leq m} |g_i| \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \mathbb{E} \max_{j \leq n} |\tilde{g}_j| \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} \\ &\lesssim \sqrt{\ln m} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \sqrt{\ln n} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2}. \end{aligned}$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}$$

$$\begin{aligned} \mathbb{E} \sup_{I,J} Y_{I,J} &\leq \mathbb{E} \max_{i \leq m} |g_i| \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \mathbb{E} \max_{j \leq n} |\tilde{g}_j| \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} \\ &\lesssim \sqrt{\ln m} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \sqrt{\ln n} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2}. \end{aligned}$$

Lemma (Slepian's lemma)

Let $(X_t)_{t \in T}$ and $(Y_t)_{t \in T}$ be two Gaussian random vectors satisfying $\mathbb{E}[X_t] = \mathbb{E}[Y_t]$ for all $t \in T$. Assume that, for all $s, t \in T$, we have $\mathbb{E}[(X_s - X_t)^2] \leq \mathbb{E}[(Y_s - Y_t)^2]$. Then

$$\mathbb{E} \sup_{t \in T} X_t \leq \mathbb{E} \sup_{t \in T} Y_t.$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}$$

$$\begin{aligned} \mathbb{E} \sup_{I,J} Y_{I,J} &\leq \mathbb{E} \max_{i \leq m} |g_i| \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \mathbb{E} \max_{j \leq n} |\tilde{g}_j| \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2} \\ &\lesssim \sqrt{\ln m} \sup_{I,J} \sum_{i \in I} \sqrt{\sum_{j \in J} a_{ij}^2} + \sqrt{\ln n} \sup_{I,J} \sum_{j \in J} \sqrt{\sum_{i \in I} a_{ij}^2}. \end{aligned}$$

$$X_{I,J} = \sum_{i\in I}\sum_{j\in J} a_{ij}g_{ij}.$$

$$\begin{aligned}\mathbb{E}(X_{I,J}-X_{\tilde{I},\tilde{J}})^2 &= \mathbb{E}X_{I,J}^2 + \mathbb{E}X_{\tilde{I},\tilde{J}}^2 - 2\mathbb{E}X_{I,J}X_{\tilde{I},\tilde{J}} \\ &= \sum_{I,J} a_{ij}^2 + \sum_{\tilde{I},\tilde{J}} a_{ij}^2 - 2\sum_{I\cap\tilde{I},J\cap\tilde{J}} a_{ij}^2\end{aligned}$$

$$X_{I,J} = \sum_{i \in I} \sum_{j \in J} a_{ij} g_{ij}.$$

$$\begin{aligned}\mathbb{E}(X_{I,J} - X_{\tilde{I},\tilde{J}})^2 &= \mathbb{E}X_{I,J}^2 + \mathbb{E}X_{\tilde{I},\tilde{J}}^2 - 2\mathbb{E}X_{I,J}X_{\tilde{I},\tilde{J}} \\ &= \sum_{I,J} a_{ij}^2 + \sum_{\tilde{I},\tilde{J}} a_{ij}^2 - 2 \sum_{I \cap \tilde{I}, J \cap \tilde{J}} a_{ij}^2 \\ &= \sum_{I,J} a_{ij}^2 + \sum_{\tilde{I},\tilde{J}} a_{ij}^2 - \sum_{I \cap \tilde{I}, J} a_{ij}^2 - \sum_{I \cap \tilde{I}, \tilde{J}} a_{ij}^2 + \sum_{I \cap \tilde{I}, J \setminus \tilde{J}} a_{ij}^2 + \sum_{I \cap \tilde{I}, \tilde{J} \setminus J} a_{ij}^2.\end{aligned}$$

$$Y_{I,J} = \textstyle\sum_{i\in I} g_i \sqrt{\sum_{j\in J} a_{ij}^2} + \sum_{j\in J} \widetilde{g}_j \sqrt{\sum_{i\in I} a_{ij}^2}.$$

$$\mathbb{E}(Y_{I,J}-Y_{\widetilde{I},\widetilde{J}})^2=\mathbb{E} Y_{I,J}^2+\mathbb{E} Y_{\widetilde{I},\widetilde{J}}^2-2\mathbb{E} Y_{I,J}Y_{\widetilde{I},\widetilde{J}}$$

$$Y_{I,J} = \textstyle\sum_{i\in I} g_i \sqrt{\sum_{j\in J} a_{ij}^2} + \sum_{j\in J} \widetilde{g}_j \sqrt{\sum_{i\in I} a_{ij}^2}.$$

$$\begin{aligned}\mathbb{E}(Y_{I,J}-Y_{\widetilde{I},\widetilde{J}})^2&=\mathbb{E} Y_{I,J}^2+\mathbb{E} Y_{\widetilde{I},\widetilde{J}}^2-2\mathbb{E} Y_{I,J}Y_{\widetilde{I},\widetilde{J}}\\&=2\sum_{I,J}a_{ij}^2+2\sum_{\widetilde{I},\widetilde{J}}a_{ij}^2\\&\quad -2\sum_{I\cap\widetilde{I}}\sqrt{\sum_Ja_{ij}^2}\sqrt{\sum_{\widetilde{J}}a_{ij}^2}-2\sum_{J\cap\widetilde{J}}\sqrt{\sum_Ia_{ij}^2}\sqrt{\sum_{\widetilde{I}}a_{ij}^2}\end{aligned}$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}.$$

$$\begin{aligned}\mathbb{E}(Y_{I,J} - Y_{\tilde{I},\tilde{J}})^2 &= \mathbb{E}Y_{I,J}^2 + \mathbb{E}Y_{\tilde{I},\tilde{J}}^2 - 2\mathbb{E}Y_{I,J}Y_{\tilde{I},\tilde{J}} \\&= 2\sum_{I,J} a_{ij}^2 + 2\sum_{\tilde{I},\tilde{J}} a_{ij}^2 \\&\quad - 2\sum_{I \cap \tilde{I}} \sqrt{\sum_J a_{ij}^2} \sqrt{\sum_{\tilde{J}} a_{ij}^2} - 2\sum_{J \cap \tilde{J}} \sqrt{\sum_I a_{ij}^2} \sqrt{\sum_{\tilde{I}} a_{ij}^2} \\&\stackrel{2\sqrt{ab} \leq a+b}{\geq} 2\sum_{I,J} a_{ij}^2 + 2\sum_{\tilde{I},\tilde{J}} a_{ij}^2 - \sum_{I \cap \tilde{I}, J} a_{ij}^2 - \sum_{I \cap \tilde{I}, \tilde{J}} a_{ij}^2 - \sum_{I, J \cap \tilde{J}} a_{ij}^2 - \sum_{\tilde{I}, J \cap \tilde{J}} a_{ij}^2\end{aligned}$$

$$Y_{I,J} = \sum_{i \in I} g_i \sqrt{\sum_{j \in J} a_{ij}^2} + \sum_{j \in J} \tilde{g}_j \sqrt{\sum_{i \in I} a_{ij}^2}.$$

$$\begin{aligned}\mathbb{E}(Y_{I,J} - Y_{\tilde{I},\tilde{J}})^2 &= \mathbb{E}Y_{I,J}^2 + \mathbb{E}Y_{\tilde{I},\tilde{J}}^2 - 2\mathbb{E}Y_{I,J}Y_{\tilde{I},\tilde{J}} \\ &= 2\sum_{I,J} a_{ij}^2 + 2\sum_{\tilde{I},\tilde{J}} a_{ij}^2 \\ &\quad - 2\sum_{I \cap \tilde{I}} \sqrt{\sum_J a_{ij}^2} \sqrt{\sum_{\tilde{J}} a_{ij}^2} - 2\sum_{J \cap \tilde{J}} \sqrt{\sum_I a_{ij}^2} \sqrt{\sum_{\tilde{I}} a_{ij}^2} \\ &\stackrel{2\sqrt{ab} \leq a+b}{\geq} 2\sum_{I,J} a_{ij}^2 + 2\sum_{\tilde{I},\tilde{J}} a_{ij}^2 - \sum_{I \cap \tilde{I}, J} a_{ij}^2 - \sum_{I \cap \tilde{I}, \tilde{J}} a_{ij}^2 - \sum_{I, J \cap \tilde{J}} a_{ij}^2 - \sum_{\tilde{I}, J \cap \tilde{J}} a_{ij}^2 \\ &= \sum_{I,J} a_{ij}^2 + \sum_{\tilde{I},\tilde{J}} a_{ij}^2 - \sum_{I \cap \tilde{I}, J} a_{ij}^2 - \sum_{I \cap \tilde{I}, \tilde{J}} a_{ij}^2 + \sum_{I, J \setminus \tilde{J}} a_{ij}^2 + \sum_{\tilde{I}, \tilde{J} \setminus J} a_{ij}^2.\end{aligned}$$

$$\mathbb{E}(Y_{I,J}-Y_{\widetilde{I},\widetilde{J}})^2=\mathbb{E} Y_{I,J}^2+\mathbb{E} Y_{\widetilde{I},\widetilde{J}}^2-2\mathbb{E} Y_{I,J}Y_{\widetilde{I},\widetilde{J}}$$

$$\geq \sum_{I,J} a_{ij}^2 + \sum_{\widetilde{I},\widetilde{J}} a_{ij}^2 - \sum_{I\cap \widetilde{I}, J} a_{ij}^2 - \sum_{I\cap \widetilde{I}, \widetilde{J}} a_{ij}^2 + \sum_{I,J\setminus \widetilde{J}} a_{ij}^2 + \sum_{\widetilde{I},\widetilde{J}\setminus J} a_{ij}^2.$$

$$\mathbb{E}(X_{I,J}-X_{\widetilde{I},\widetilde{J}})^2=$$

$$\sum_{I,J} a_{ij}^2 + \sum_{\widetilde{I},\widetilde{J}} a_{ij}^2 - \sum_{I\cap \widetilde{I}, J} a_{ij}^2 - \sum_{I\cap \widetilde{I}, \widetilde{J}} a_{ij}^2 + \sum_{I\cap \widetilde{I}, J\setminus \widetilde{J}} a_{ij}^2 + \sum_{I\cap \widetilde{I}, \widetilde{J}\setminus J} a_{ij}^2.$$