



# An inflationary cosmology from anti-de Sitter wormholes

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#### The History of our Universe

- Our Universe is currently expanding
- It is "Hot" ( $T \simeq 2.73$  K)
- Extremely uniform at large scales  $\delta T/T \sim 10^{-5}$



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#### But how did it all start?

#### Features of the cosmic evolution

- Flatness "problem" Universe is nearly flat, homogeneous and isotropic
- Horizon "problem" causally disconnected regions of spacetime very similar
- Monopole "problem" No exotic relics (ex: monopoles) around
- Production of primordial perturbations that are nearly scale invariant
- Inflation is a theory that can adequately explain these features (+more)



#### Pertinent Questions

- What gave rise to the initial conditions/state of inflation?
- Initial singularity/Planck scale Our physical laws cease to work
- Do we really need a complete theory of quantum gravity to understand these problems?
- Is there any (approximate) way to compute (estimate) probabilities and features of the early universe Cosmology?

The Wheeler - DeWitt equation and "Quantum Cosmology"

• Hartle and Hawking gave one such appealing proposal for computing the "Wavefunction of the Universe"

• Based on the so called [Wheeler DeWitt] (WDW) equation

• In this approach one uses the canonical (Hamiltonian) formalism of general relativity and promotes the constraints expressing diffeomorphism invariance to quantum operators annihilating the wavefunction

#### Canonical formalism and constraints

- The basic idea is that the spacetime is foliated into a family of spacelike surfaces  $\Sigma_t$  at each time coordinate t, and the coordinates on each slice are  $x_i$
- The dynamic variables are: the metric tensor of three-dimensional spatial slices  $g_{ij}$  and their conjugate momenta  $\pi_{ij}$
- Using these variables it is possible to define a Hamiltonian, and thereby write the equations of motion for general relativity in the form of Hamilton's equations
- Use the ADM [Arnowitt-Deser-Misner] decomposition of the metric

 $ds^{2} = -N^{2}dt^{2} + g_{ij}(dx^{i} + N^{i}dt)(dx^{j} + N^{j}dt)$ 

- N is called the "lapse" and encodes the proper time evolution
- $N^i$  is the "shift" vector and encodes how spatial coordinates change between hypersurfaces
- $g_{ij}$  is the spatial metric on a slice  $\Sigma_t$

#### Canonical formalism and constraints

• Start from the Einstein Hilbert (+ matter) action

$$S = \frac{1}{2\kappa} \int d^4x \sqrt{|g|} R^{(4)} + S^{matter}$$

In ADM parametrization, the canonical Hamiltonian can be written in the form

$$H_c = \int_{\Sigma} d^3x \sqrt{g} \left( NH + N^i H_i \right)$$

$$H = 2\kappa g^{-1} \left( g_{ik} g_{jl} \pi^{kl} \pi^{ij} - \frac{1}{2} (g_{ij} \pi^{ij})^2 \right) - \frac{1}{2\kappa} R^{(3)} + H^{matter}$$
$$\pi^{ij} = \frac{\delta S}{\delta \dot{g}_{ij}}, \qquad H_i = -2g_{ij} D_k \frac{\pi^{jk}}{\sqrt{g}} + H_i^{matter}$$

where  $D_i$  is the  $g_{ij}$  covariant derivative and we indicate possible additional matter contributions

#### Constraints and the Wheeler DeWitt equation

- Diffeomorphism invariance  $\Rightarrow$  The physical states/configurations are independent of the choice of lapse and shift  $(N, N^i)$
- This leads to constraints [Dirac]  $\Rightarrow H, H_i = 0$
- Let us also consider as matter a scalar field  $\phi$  (that will play the role of the inflaton)
- At the quantum level one has to impose the constraints, acting as operators on the wavefunctions

$$\begin{aligned} \widehat{H}_{WDW}(\pi_{ij}, g_{ij}; \pi_{\phi}, \phi) \Psi_{\Sigma}(g_{ij}, \phi) &= 0, \quad \widehat{H}_{i}(\pi_{ij}, g_{ij}; \pi_{\phi}, \phi) \Psi_{\Sigma}(g_{ij}, \phi) = 0\\ \widehat{\pi}_{ij} \Psi_{\Sigma}(g_{ij}, \phi) &= -i \frac{\delta}{\delta g_{ij}} \Psi_{\Sigma}(g_{ij}, \phi), \qquad \widehat{\pi}_{\phi} \Psi_{\Sigma}(g_{ij}, \phi) = -i \frac{\delta}{\delta \phi} \Psi_{\Sigma}(g_{ij}, \phi) \end{aligned}$$

These (functional differential) equations are not really well defined
 ⇒ There exists a "minisuperspace" ansatze/truncation that is better
 defined and leads to ODEs/PDEs

Fortunately the isotropy and homogeneity of the universe makes this ansatze physically relevant

#### Minisuperspace and the No Boundary Proposal

• The WDW equation makes sense in the reduced minisuperspace ansatze

$$ds^{2} = -N^{2}(t)dt^{2} + a^{2}(t)d\Omega_{\Sigma}^{2}, \quad \phi = \phi(t)$$

- In this case  $\widehat{H}_i\Psi_{\Sigma}(a,\phi)=0$  automatically and  $\widehat{H}_{WDW}\Psi_{\Sigma}(a,\phi)=0$  becomes a well defined PDE
- One has to supplement appropriate "boundary" conditions
- The [Hartle Hawking] No Boundary (NB) proposal posits that one has to make an excursion to Euclidean signature and consider compact metrics with no boundary at early times
- The resulting state/wavefunction corresponds to the  $[{\tt Bunch} {\tt Davies}]$  or Euclidean vacuum (the analogue of the Minkowski vacuum in a Cosmological setting i.e.  $\Lambda>0)$
- There is also an alternative [Linde Vilenkin] Tunelling (T) proposal (defined via probability influx/outflux in the superspace boundaries)

#### The simplest example: Empty de Sitter

Consider the Einstein Hilbert action with positive cosmological constant

$$S = \frac{1}{16\pi G_N} \int d^4x \sqrt{-g} \left( R - 2\Lambda \right), \qquad \Lambda > 0$$

that admits an empty de Sitter solution

The  $[{\tt Hartle} - {\tt Hawking}]$  proposal classically describes a (complex) metric - half of Euclidean de-Sitter glued to half of Lorentzian de-Sitter -



#### Semi-classics and WKB of minisuperspace WDW

• The minisuperspace WDW equation (positive cc./no matter) reads

$$\left(\widehat{\pi}_a^2 + a^2 - \frac{\Lambda}{3}a^4\right)\Psi_{\Sigma}(a) = 0 \quad \widehat{\pi}_a = -i\kappa\frac{d}{da}$$

• To understand its semi-classical properties - convenient to employ a "WKB" ansatze ( $\kappa = 8\pi G_N \hbar \rightarrow 0$ )

$$\Psi_{\Sigma}^{L}(a) = A_{L}e^{iS_{L}/\kappa} + B_{L}e^{-iS_{L}/\kappa}, \quad \Psi_{\Sigma}^{E}(a) = A_{E}e^{S_{E}/\kappa} + B_{E}e^{-S_{E}/\kappa}$$



- For large *a* the wavefunction is oscillatory (Lorentzian), while for small *a* it has an exponential increasing/decreasing behaviour (Euclidean)
- The No Boundary proposal selects the increasing branch and the wavefunction vanishes at zero a -The Tunneling/[Vilenkin] proposal selects the decreasing branch

#### WDW and slow roll inflation

- One can include the presence of the scalar inflaton field  $\phi$
- We assume a slow roll approximation for the potential  $V(\phi)$  in the inflationary region



- The WDW wavefunction now depends on two arguments i.e.  $\Psi_{\Sigma}(a,\phi)$
- Given the wavefunction, we can compute the probability for a specific "history"/realisation of the inflating Universe, via its norm  $P = |\Psi|^2$

#### No Boundary/Tunneling and slow roll inflation

• In the slow roll approximation for the potential  $V(\phi)$  one finds the semi-classical (WKB) No Boundary/Tunneling wavefunctions  $(\kappa = 8\pi G_N)$ 

$$\Psi_{NB}(a,\phi) \simeq P_{NB}^{1/2} \Re \left( e^{iS_L(a,\phi)} \right) , \quad P_{NB} = e^{-S_E(\phi)}$$
$$\Psi_T(A,\phi) \simeq P_T^{1/2} \left( e^{-iS_L(a,\phi)} \right) , \quad P_T = e^{+S_E(\phi)} ,$$

$$S_E(\phi) = -\frac{24\pi^2}{\kappa^2 V(\phi)}, \quad S_L(a,\phi) \simeq \frac{24\pi^2 (a^2 \kappa V(\phi)/3 - 1)^{3/2}}{\kappa^2 V(\phi)}$$

- $S_E$  is the on-shell action of Euclidean de-Sitter (sphere)
- $S_L$  is the on-shell action in the Lorentzian-oscillatory region when the scale factor is large  $a^2>3/\kappa V(\phi)$
- The value of the inflaton/size of the sphere is typically set at horizon crossing during inflation  $(\phi_*, a_*)$ ,  $H(\phi_*)a_*(\phi_*) = 1$  i.e. "beginning of inflation"

# No Boundary and slow roll inflation: Fluctuations [Halliwell - Hawking ...]

• It is also possible to describe (inhomogeneous) fluctuations of the fields  $\phi(\Omega) = \phi_* + \delta\phi(\Omega)$ ,  $g_{ij}(\Omega) = g_{ij}^* + \delta h_{ij}(\Omega)$  etc.



• The No Boundary proposal predicts the correct spectrum of primordial perturbations with a Gaussian suppression factor

$$|\Psi_{NB}(\phi)|^2 \sim e^{-S_E(\phi_*)} \prod_{modes} \exp\left(-\delta\phi_{mode} C_{mode} \,\delta\phi_{mode}\right)$$

(it describes the analogue of a Cosmological "vacuum")

• In the Tunneling proposal such fluctuations are unsuppressed  $(-\leftrightarrow +)...$ 

#### The No Boundary proposal and Stochastic Inflation

[Starobinskii, Goncharov-Linde-Mukhanov ...]

- Assume a slow roll inflationary scenario and split the evolution of a scalar field into UV and IR modes (wtr Hubble scale H)
- The IR physics at scales  $\Delta t \sim 1/H, \, \Delta L \gg 1/H$  is governed by an effective stochastic equation

$$\dot{\phi} = -\frac{V'}{3H} + \xi(t) , \qquad \langle \xi(t)\xi(t')\rangle = \frac{H^3}{4\pi^2}\delta(t-t')$$

and a Fokker-Planck equation for the probability  $P(t,\phi)$  that the field has the value  $\phi$  at time t

$$\partial_t P + \partial_\phi J = 0, \quad J = -\frac{V'}{3H}P - \partial_\phi \left(\frac{H^3}{8\pi^2}P\right)$$

• For a potential bounded from below  $V(\phi) \ge V_{min} > 0$ , one finds an equilibrium (J = 0) distribution consistent with the No Boundary proposal

$$P_{eq.}(\phi) \sim \exp\left(\frac{24\pi^2}{\kappa^2 V(\phi)}\right) \sim P_{NB}(\phi) \qquad H^2 \sim \kappa V/3$$

#### Issues with the No Boundary proposal

• Given the wavefunction, we can also compute the probability for a specific "history"/realisation of the Universe, via its norm  $P=|\Psi|^2$ 

$$P_{NB} = |\Psi_{NB}(\phi)|^2 \simeq \exp\left(-S_E(\phi)\right) = \exp\left(\frac{M_P^4}{V(\phi)}\right)$$

- This comes from the leading semi-classical piece of the wavefunction and indicates that the wavefunction is non-normalizable
- Perhaps this is not a deep problem due to the minisuperspace and (WKB) approximations involved
- Since the stochastic description is just an effective description of the IR sector, which the No Boundary proposal seems to describe correctly, perhaps there is no fundamental reason to demand its normalizability
- Nevertheless, even using it in this restricted sense, there is a more acute problem for the No Boundary proposal in the context of inflation (See the reviews by [Lehners, Maldacena])

#### An exponential (hierarchy) problem



The problem with the No Boundary proposal is exponentially worse!

$$P_{NB} = |\Psi_{NB}(\phi_*)|^2 \simeq \exp\left(-S_E(\phi_*)\right) = \exp\left(\frac{M_P^4}{V(\phi_*)}\right)$$

- It gives an overwhelming probability  $(P_{NB} \gg 1)$  for an empty cold universe, with the smallest allowed number for the cosmological constant
- In the inflationary context it predicts the least number of e-folds
- The issue stems from the fact that the on-shell action for the positively curved Euclidean de-Sitter is negative

#### Ideas to evade this problem

- The Tunneling wavefunction [Linde Vilenkin] evades this issue  $(P_T \simeq e^{+S_E})$ , but does not describe correctly the cosmological fluctuations beyond minisuperspace (they get enhanced)
- Selection rule or anthropic reasoning [Linde, Hartle - Hawking - Hertog ...]
- The gravitational path integral is not very well defined non-renormalizability and the conformal mode problem -Understand it in a Picard-Lefschetz fashion and define an appropriate (steepest descend) contour in field space.
   [Halliwell-Louko, Hartle-Hawking-Hertog, Lehners, ...]
- Quantum effects (loops): It is possible that the (non-perturbative!?) wavefunction has a very different behaviour than its naive semi-classical expansion (seen in 2d models [Betzios-OP (20), Anninos (24)] )
- Change entirely the assumptions/setup giving rise to our Cosmology? [...]

#### The No Boundary proposal and AdS/CFT

There is a case where the analogue of the No Boundary proposal works perfectly well: The AdS/CFT correspondence  $(Z_{OGR}^{AdS} = Z_{CFT}^{\partial AdS})$ 

• ex: Global  $EAdS_4$  and the  $S^3$  partition function (regular interior  $\leftrightarrow$  N.B.)

$$ds_{H_4}^2 = L_{AdS}^2 (d\tau^2 + \sinh^2 \tau d\Omega_3^2)$$

$$e^{-S_E(H_4)} \sim Z_{CFT}(S^3), \quad S_E = \frac{L_{AdS}^2}{2G_N}$$

- Both sides can be computed and agree. For example in ABJM (finite-N) [Kapustin-Willet-Yaakov, Drukker-Marino-Putrov ...]
- Here it is crucial that the on-shell action of AdS is positive (after performing holographic renormalization)
- No direct relation to Cosmology (with a simple  $\tau = it$ )



#### Complexified metrics and contours

- Alternative contours to the [Hartle-Hawking] one?
- One of them seems to connect cosmology with a (-)AdS space [Hartle-Hawking-Hertog (11), Maldacena-Turiaci-Yang (19),  $\ldots$  Betzios-OP (20) ]



Contour (in)-dependence?, - No physically transparent meaning...

- Another approach: Domain-wall/Cosmology correspondence [Skenderis Townsend] (Multiple analytic continuations...)
- We wish to retain a clear understanding of the Lorentzian/Euclidean sections related with a simple  $t=i\tau$  [Betzios OP]

#### Euclidean Wormholes and Bang-Crunch Cosmologies

AdS/CFT context: [Maldacena-Maoz (04), Betzios-Gaddam-OP (17) + Kiritsis (19-21), Van Raamsdonk et. al. (20-23)  $\ldots$ ]

• In AdS/CFT there is an example that gives rise to FRW cosmologies: Two boundary Euclidean AdS wormholes ( $' = d/d\tau$ )

 $ds^2 = d\tau^2 + a^2(\tau) d\Omega_3^2 \,, \quad a''(0) > 0 \,, \, a'(0) = 0 \,, \, a(\tau \to \pm \infty) \sim e^{H|\tau|}$ 

• Euclidean Wormholes are NOT related to Black Holes (horizons) via analytic continuation - Instead:



 Their analytic continuation τ = it gives rise to Bang - Crunch Cosmologies (Remember that Λ is negative)

$$ds^{2} = -dt^{2} + a^{2}(t)d\Omega_{3}^{2}$$
$$\ddot{a}(0) < 0, \quad \dot{a}(0) = 0$$

#### A new proposal for the wavefunction of the Universe

- An issue with these geometries is that upon analytic continuation they inevitably crunch and do not allow for a period of inflation
- Our idea [Betzios OP (24)] : Combine features of both anti-de Sitter and de-Sitter - we need a Euclidean wormhole geometry that is asymptotically EAdS that transitions into EdS near its throat
- By cutting it in half we can "glue" to it an expanding Lorentzian Universe



#### "Wineglass" AdS wormholes

- We shall call (half of) these geometries "wineglass" AdS (half) wormholes (Asymptotically flat analogues [Lavrelashvili-Rubakov-Tinyakov, Lehners])
- Their defining properties: They should asymptote to a EAdS space:  $a(\tau \to \pm \infty) \sim \exp(H_{AdS}|\tau|)$  and in addition

 $a^{\prime\prime}(0) < 0\,, \quad a^\prime(0) = 0\,, \quad a(0) = a_{\max}\,, \quad \phi^\prime(0) = 0$ 

so that  $a_{\max}$  is a local maximum of the scale factor

- These are also good initial conditions for a subsequent inflationary evolution (since  $\ddot{a}(0) > 0$ )
- An example of a scalar potential that can support such solutions



#### A model for "wineglass" AdS wormholes

• A simple model: Consider an Einstein-scalar-axion system ( $\kappa\equiv M_{Pl}^{-2}$ )

$$S_E = \int d^4x \sqrt{g_E} \left( -\frac{1}{2\kappa} R + \frac{1}{2} \nabla^\mu \phi \nabla_\mu \phi + V(\phi) + \frac{1}{12f_\alpha^2} H_{\mu\nu\rho} H^{\mu\nu\rho} \right)$$

and the spherically symmetric and homogeneous ansatze (q is a constant axion charge)

$$ds^2 = d\tau^2 + a^2(\tau) d\Omega_3^2 \,, \quad \phi(\tau) \,, \quad H_{ijk} = q \epsilon_{ijk}$$

One finds the two independent EOMs (  $Q^2 \equiv q^2/2f_\alpha^2)$ 

$$\begin{split} \frac{a'^2}{a^2} &- \frac{1}{a^2} + \frac{\kappa}{3} \left( V(\phi) - \frac{\phi'^2}{2} \right) + \frac{\kappa Q^2}{3a^6} = 0 \,, \\ \phi'' + 3 \frac{a'\phi'}{a} - \frac{dV}{d\phi} = 0 \,, \end{split}$$

• The EOM for the scalar field describes a particle moving in the potential  $-V(\phi)$  with an (anti)-friction term  $3a'\phi'/a$ 

#### Wormhole solution

- We consider a potential  $V(\phi)$  with a local maximum at  $\phi=0$  i.e.  $V(\phi)\sim -1+m^2\phi^2/2$  with  $m^2<0$
- This leads to a renormalization group flow driven by a relevant operator with conformal dimension  $\Delta=3/2+\sqrt{9/4+m^2}<3$
- The Euclidean evolution of the scale factor and the scalar field in  $-V(\phi)$



• The Euclidean manifold initially shrinks (a' < 0/anti-friction) and then expands (a' > 0/friction) causing the  $\phi$  particle to first accelerate and then stop at  $\phi_0$ . (Desirable to stop as early as possible...)

#### Subsequent Lorentzian evolution

• The potential should also contain a slow roll region for  $\phi > \phi_0$ , so that the Universe can subsequently inflate/expand in Lorentzian time



• Our proposal can accommodate various options consistent with the latest experimental constraints on inflation ex. [Planck] - incorporated in the shape of the potential

#### Evading the issue of the No Boundary proposal

• To compute the semi-classical probability and compare with the No-Boundary proposal ( $P=|\Psi|^2\simeq e^{-S_E})$ 

 $\Rightarrow$  evaluate the Euclidean wormhole on-shell action

$$S_E^{\rm on-shell} = 4\pi^2 \int_{UV}^0 d\tau \left( \frac{2Q^2}{a^3} - a^3 V(\phi) \right) + S_{GH}^{UV} + S_{c.t.}^{UV} \,,$$

- The EAdS UV boundary contains the Gibbons-Hawking  $S^{UV}_{GH}$  as well as boundary counterterms  $S^{UV}_{c.t.}$  that one needs to add in order to perform holographic renormalization
- Either numerically or analytically using thin/thick wall approximations one typically finds a positive on-shell action for the wormhole
- As in other Holographic examples, due to the AdS asymptotics we have a well defined probability ( $P \simeq e^{-S_E} < 1$ ) and the issue of the No Boundary proposal can be evaded : The Universe prefers to "nucleate" high up in the potential and then follows the slow roll trajectory

### Future

A model consistent with experimental data (SM + GR)  $_{\rm In\ progress\ [Betzios\ -\ Gialamas\ -\ OP]}$ 

- Replace the contribution of the axion, with radiation density  $\sim 1/a^4$  arising from the experimentally observed SM gauge fields
- The Higgs boson is the only experimentally observed scalar particle in nature and could perhaps also play the role of the inflaton
- A class of models of inflation that conform very well with experimental data : "Higgs Inflation" [Bezrukov Shaposhnikov ... ]
- These models include a non-minimal coupling term  $\sim \xi \phi^2 R$  to the Einstein-Higgs action (Jordan-frame action)
- Such terms typically appear when considering loop corrections to the effective action
- The <code>[Starobinskii]</code>  $R^2$  model is a  $\xi 
  ightarrow \infty$  limit of these models
- Going back to Einstein frame  $(g_{\mu\nu} = e^{2\Omega}\tilde{g}_{\mu\nu}, \phi(\chi))$  one finds a potential of the slow roll type at large  $\chi$  and of the Higgs type at small  $\chi$

A model consistent with experimental data (SM + GR)  $_{\rm In\ progress\ [Betzios\ -\ Gialamas\ -\ OP]}$ 

- Current experimental data of the Higgs and Top mass [PDG ...] favor SM metastability ⇒ the Higgs effective potential turns negative at high energies/field values!
- We obtain a phenomenological model (consistent with current experimental data) that can realise our proposal



#### **Cosmological Correlators**

• Bulk correlators at au = 0 can be computed from the wavefunction using

$$\int D\phi \, |\Psi_{\tau=0}|^2 \, \phi(0, \vec{x}_1) ... \phi(0, \vec{x}_n)$$

Later time/Cosmological correlators are computed using the in/in formalism [Weinberg  $\dots$ ] or evolving the wavefunction in Lorentzian



- We are currently studying Cosmological correlators in our setup and comparing them with the No-Boundary proposal [In progress, w. Panos Betzios + Pompey Leung + Chris Waddell]
- No leading deviations, since the metric resembles EdS near the throat, as long as one chooses the vacuum state in the EAdS asymptotic regions

#### Holographic (AdS/CFT) embedding



- Our construction is amenable to a possible Holographic interpretation and embedding due to the EAdS boundaries
- This relies on understanding the Holographic dual(s) of Euclidean wormholes

Pertinent Question

- Are there Microscopic UV complete models of Euclidean Wormholes? In AdS/CFT? (we want to understand string theory on target space wormhole backgrounds)
- This question is closely related to the factorization problem: Entanglement "holds up the throat" of a two sided eternal black hole, but it is not clear what is the analogue for Euclidean wormholes

The factorisation problem:  $Z(J_1, J_2) \neq Z_1(J_1)Z_2(J_2)$ [Maldacena - Maoz (2004) ...]



- The QGR path integral corresponds to an average:  $\langle Z(J_1)Z(J_2) \rangle \Rightarrow$  Several options [...]
- Explicit averaging over ensembles of CFT's (Unitarity crisis)
- In canonical AdS/CFT there is a single theory with fixed parameters
- Approximate statistical averaging ("ETH" "Quantum Chaos")
   ⇒ "Statistical wormholes" from complicated/almost random Hamiltonians [...]
  - Is this is what happens in our Cosmology?

#### No factorisation problem due to interactions?

[Betzios - Kiritsis - OP (19 - 21)], see also related work by [Van Raamsdonk et. al. (20-22)] and [Bachas - Lavdas (18)]



A potentially microscopic understanding of wormhole saddles?:

- Interactions between holographic QFT's
- It is actually quite subtle!: "Why to have a disconnected pair of boundaries and not a single one?" ⇒ UV soft - IR strong cross-interactions
- Wormhole cross correlators no short distance singularities
   ⇒ averages of lower point correlators in individual subsystems
- I.e. can the exact Schwinger functional acquire an "averaged" form

$$Z_{system}(J_1, J_2) = \sum_{S} e^{w(S)} Z_S^{(QFT1)}(J_1) Z_S^{(QFT2)}(J_2)$$

in a single unitary/reflection positive system? (S some "sector") [Betzios - Kiritsis - OP (21)] ( $S \equiv R - U(N)$  representations)

#### Summary

- We proposed a new type of wavefunction for the universe computed from the gravitational path integral, with asymptotically EAdS boundary conditions
- In the semiclassical limit, it describes a Euclidean AdS (half)-wormhole geometry. If the scale factor acquires a local maximum at the surface of reflection  $(Z_2)$  symmetry, it gives rise to an expanding universe upon analytic continuation to Lorentzian signature
- For this to happen, our class of models contain a non-trivial scalar potential  $V(\phi)$  that takes both positive and negative values
- Our proposal evades some issues of the No Boundary proposal, leading to a well defined probability  $P \simeq e^{-S_E} < 1$ . It can also favor a long-lasting period of inflation (for certain scalar potentials)
- It also raises the interesting possibility of describing the physics of inflating cosmologies and their perturbations within the context of holography (Duals of EAdS Wormholes?)

## Thank you!